

Let Go – Week 5 – When Letting Go Brings Freedom

Remember:

1. What were the 3 stages of letting go that Lindsey shared?
2. What 2 truths did she learn in the in-between?

Read Aloud:

James 5:16

Discuss:

1. How did Lindsey's story impact you?
2. What are your addictions?
3. When have you experienced God's preparation for something? What was it like?
4. What keeps you from releasing your addictions and idols to God?

Apply:

1. What is God inviting you to let go of?
2. Who will you allow to support you through your surrender?
3. If you aren't sure what you need to surrender in this season, what is one step you will take closer to God?

Pray

Pray for the person on your left to have strength to release what they are holding to God.