

08.16.2026

LET GO

WEEK 3

**“THE COURAGE TO
LET GO”**

Travis Cherry



we exist to
connect people
to jesus and
each other

LET GO
Week 3: “The Courage to Let Go”
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The difficult thing for so many of us is that letting go requires uncertainty. We end up discovering that sometimes the “thing” we’re really holding onto isn’t a “thing” at all. And we begin to see what we’re actually holding onto...is CONTROL!

Ecclesiastes 3:1-8 — ¹ *For everything there is a season, and a time for every matter under heaven: ² a time to be born, and a time to die; a time to plant, and a time to pluck up what is planted; ³ a time to kill, and a time to heal; a time to break down, and a time to build up; ⁴ a time to weep, and a time to laugh; a time to mourn, and a time to dance; ⁵ a time to cast away stones, and a time to gather stones together; a time to embrace, and a time to refrain from embracing; ⁶ a time to seek, and a time to lose; a time to keep, and a time to cast away; ⁷ a time to tear, and a time to sew; a time to keep silence, and a time to speak; ⁸ a time to love, and a time to hate; a time for war, and a time for peace.*

The issue of control is a deeply spiritual issue, because letting go ultimately isn’t about loss at all...letting go is all about trust.

1. FEAR MAKES US HOLD WHAT FAITH HELPS US RELEASE

3 Key Reasons We Hold On When We Know We Should Let Go:

- (1) Fear
- (2) Guilt
- (3) Hope

If we’re not careful, we will sacrifice today’s obedience trying to control tomorrow’s possibilities.

Proverbs 3:5-6 — ⁵ *Trust in the Lord with all your heart, and do not lean on your own understanding. ⁶ In all your ways acknowledge him, and he will make straight your paths.*

Being needed or feeling like you’re needed does NOT mean God called you to meet the need.

Mark 1:35 — *And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed.*

Mark 1:38 — *“Let us go on to the next towns, that I may preach there also, for that is why I came out.”*

Disappointing people and disobeying God are NOT the same thing.

Healthy hope responds to reality and evidence rather than simply wishing an unhealthy pattern will somehow become different.

2. AVOIDANCE HAS A WAY OF DISGUIISING ITSELF AS FAITH

Matthew 16:24 — *“If anyone would come after me, let him deny himself and take up his cross and follow me.”*

Hebrews 11:8 — *By faith Abraham obeyed when he was called to go out to a place that he was to receive as an inheritance. And he went out, not knowing where he was going.*

When God calls us to faith and action, it does not always receive an explanation. Sometimes faith only receives an invitation.

Awareness without action means nothing. Clarity without obedience... eventually becomes avoidance. Delayed obedience is actually disobedience in the moment.

3. LETTING GO EQUALS FAITH & SURRENDER...NOT FAILURE

Psalms 55:22 — *Cast your burden on the LORD, and he will sustain you; he will never permit the righteous to be moved.*

Matthew 26:39 — *“My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will.”*

Surrender is caring deeply...and trusting God anyway.

“I have held many things in my hands, and I have lost them all; but whatever I have placed in God’s hands, that I still possess.”

— Martin Luther

When we are gripping so tightly to what God has asked us to “Let Go” of, our lives and hands are too full to receive what He has next for us.

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Week 3: The Courage to Let Go

Questions for Reflection:

What are you still holding on to because you're afraid of what will happen if you let go?

What are you carrying because guilt convinced you that disappointing people means disappointing God?

What are you calling faith...that might actually be avoidance?

What season has ended...that you're still trying to keep alive?

What has God already shown you...that you keep asking Him to explain again?

What would you release today...if you actually fully and completely trusted God with tomorrow?

ANNOUNCEMENTS

TCCO STUDENTS FALL SEMESTER KICK-OFF: On Wed. 8/19, from 6:30-8:00pm, all 6th-12th Grade Students are welcome to join us for our fall semester kick-off! We have a special night planned packed full of fun, snacks, community, and friends for you! Plan to be there and invite every 6th-12th grader you know! Also, be sure to follow TCCO Students on Instagram to stay up to date on all the fun fall/winter events and things we have planned! Questions? Contact walter@theconnecting.co.

NO SUNDAY SERVICES on 9/6: There will be no Sunday Services at TCCO on Labor Day Weekend. This is an opportunity for us to say THANK YOU to our Dream Team for serving week after week all year long, and to give them all a break. We also highly value the importance of time with family and friends and healthy rhythms of life and rest. So, please plan to use this time to be with your people and go be JESUS and THE CHURCH outside the 4 walls of our church building! We will look forward to seeing everyone back and worshipping together again on Sun. 9/13 for the start of a new series!

SPONSOR TCCO'S UPCOMING EVENTS: All TCCO business owners who feel led are invited to help support our TCCO events throughout the year (Party on the Lawn, Marriage Conference, SHE, etc.). If you would like to contribute through a monetary donation, sponsoring a specific part of an event, or donating goods or services to be used as prizes/giveaways for an upcoming event, please contact allison@arcobuilding.com. Thank you for making our community stronger through your generosity!

COLLECTING BIBLE DONATIONS: Two women in our TCCO Family own a bakery called Manna Bakehouse. As a part of their business, they feel called to give away bibles to anyone who doesn't have one. They are always in need of donations of gently used or new bibles. If you have any to donate, please contact them at Mannabakehouse25@gmail.com. Thank you for helping get God's Word into the hands of as many people as possible!

SAVE THE DATE

Sun. 9/13, Fall Semester Connect Groups Launch

Fri. 9/25, John 3:16 Serving Opportunity (Email: Outreach@theconnecting.co)

Sun. 9/27, Fall Semester Lunch with the Staff, 12:30-2:00pm

Sun. 10/4, Love Tulsa Sunday!!!

