

ANNOUNCEMENTS

08.09.2026

TCCO STUDENTS FALL SEMESTER KICK-OFF: Wed. 8/19, from 6:30-8:00pm, all 6th-12th Grade Students are welcome to join us for our fall semester kick-off! We have a special night planned packed full of fun, snacks, community, and friends! Plan to be there and invite every 6th-12th grader you know! Also, be sure to follow TCCO Students on Instagram to stay up to date on all the fun fall/winter events and things we have planned! Questions? Contact walter@theconnecting.co.

SUMMER SHE EVENT: All women ages 16 & older are invited to join us for our next Ladies Night on Fri. 8/21, 6:30-8:30pm at TCCO. We'll enjoy delicious appetizers, meaningful worship, an encouraging devotional, and a fun hands-on craft, while connecting with other amazing women. Invite all the women in your life to join you! Please register using the QR code by Tues. 8/18; cost is \$3 to help with the expense of the craft materials. Childcare will not be provided. However, if childcare is the only thing preventing you from attending due to an extenuating circumstance, please reach out to one of our staff ladies—we'd love to help if we can. We can't wait to spend this intentional night of connection with you; we know you'll leave feeling refreshed, encouraged, and more connected than when you arrived! Questions? Contact brittany@theconnecting.co.

TCCO MEN'S BREAKFAST: All Men 16 and older are invited to join us Sat. 8/22 at 9am at TCCO for our next Men's Breakfast. Don't miss out on great coffee, pancakes, bacon, eggs, a powerful devotion from Pastor Travis, and a perfect opportunity to connect and grow together with other men! Use the QR code to register, no later than Thurs. 8/20. Invite all the men in your life to join you, and we look forward to seeing you there! Questions? Contact walter@theconnecting.co.

SPONSOR TCCO'S UPCOMING EVENTS: All TCCO business owners who feel led are invited to help support our TCCO events throughout the year (Party on the Lawn, Marriage Conference, SHE, etc.). If you would like to contribute through a monetary donation, through sponsoring a specific part of an event, or by donating goods or services to be used as prizes/giveaways for an upcoming event, please contact allison@arcobuilding.com. Thank you for making our community stronger through your generosity!

SAVE THE DATE

Sun. 9/6, No Sunday Services – Labor Day Weekend

Sun. 9/13, Fall Semester Connect Groups Launch

Sun. 9/27, Fall Semester Lunch with the Staff, 12:30-2:00pm



LET GO

THE COURAGE TO END WHAT ISN'T WORKING

WEEK 2

“What Are You Still Holding On To?”

Travis Cherry



we exist to
connect people
to Jesus and
each other

LET GO
Week 2: “What Are You Still Holding On To?”
08.09.2026

Psalms 139:23-24 —²³ Search me, O God, and know my heart! Try me and know my thoughts! ²⁴ And see if there be any grievous way in me, and lead me in the way everlasting!

Often before God ever changes our priorities and our lives...He changes our awareness. Because you cannot let go of what you refuse to acknowledge you are holding onto.

Real change always begins...not with behavior...but with honesty.

1. WE NORMALIZE WHAT GOD WANTS TO HEAL

The Johari Window:

Known: These are things that everyone knows about you.

Hidden: These are things that only you know about you.

Blind Spot: These are things that other people know about you that you don't know about you.

Unknown: These are things that only God knows because they haven't been revealed yet.

One of the greatest obstacles to spiritual growth is often what we don't know about ourselves.

Our habits become our character...and our character becomes our life...which means if we normalize unhealthy patterns...we eventually become shaped by them.

2. WE DEFEND WHAT IS DRAINING US

Our devotion often becomes distracted.

Luke 10:38-42 —³⁸ Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house. ³⁹ And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. ⁴⁰ But Martha was distracted with much serving. And she went up to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me." ⁴¹ But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things, ⁴² but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her."

Our calendars can end up being driven by fear...instead of being driven by faith.

The Greek word used here for “distracted” carries the idea of being pulled in different directions.

“The great enemy of the spiritual life is busyness.” — Eugene Peterson

God doesn't ever reveal things to shame us; He reveals them to us because He loves us and wants His best for us.

3. GOD ALWAYS REVEALS BEFORE HE REMOVES

The difference between conviction and condemnation:

Condemnation says, “You're a failure.”

Conviction says, “There's a better way.”

Condemnation pushes you away from God.

Conviction draws you toward Him.

Condemnation is a sentence.

Conviction is an invitation.

Romans 8:1 — *There is therefore now no condemnation for those who are in Christ Jesus.*

God reveals...before He leads.

He uncovers...before He redirects.

He brings clarity...before He brings change.

A behavior change without a heart change...never lasts! And God is always after our hearts.

“What if the thing you're asking God to bless...is actually the very thing He's trying to prune from your life?”

“Endings are not failures. They are often the doorway to the future God is preparing.” — Henry Cloud