

Fearless – Week 2 - Trust in Him

Grounding Exercise:

Turn on a 3-minute timer, invite everyone to get in the position that would feel comforting and relaxing, just breathe and connect with God decompressing from your day.

Read Aloud:

Judges 7:15

Remember:

1. How many popcorn refills do you usually get at the movie theater?
2. Is there a time you have made things work with less when you thought you needed more?

Discuss:

1. How is it different for you to worship on your own as opposed to in church on Sunday mornings with other people around? (Think of the example Walter shared about taking the students to camp.
2. "God is often working ahead in places we cannot see" How does that statement challenge your faith?
3. Where do you feel "not enough" right now? (Don't put any spiritual bows on the end of your answer. Leave it in the not enough place that it is.)

Apply:

1. If God were to measure your faith today by His standards, what would He say to you?
2. Where and what will you surrender and how will you worship before you see God at work?
3. What is God asking you to trust Him with today?

Pray

Ask someone to pray this over the group. "Father, forgive us for trusting ourselves more than we trust you. Teach us to rely upon your strength. Remove pride. Increase faith. Help us believe that you are enough. Amen."