

Fearless – Week 1 - Don't be afraid. You may be weak, but God is strong.

Grounding Exercise:

Turn on a worship song and just listen, let it wash over you. (O God Would You Move by KXC)

Read Aloud:

Judges 6:27 and 21:25

Remember:

1. What 3 things did Shelby say that fear can rob us of?
2. What is an insecurity that you have experienced that is now a place of surrender and trust?

Discuss:

1. How do you respond in the face of fear?
2. Do you find yourself struggling with performing for your worth or feeling like you have no worth?
3. Why is it important to tend to our fear instead of ignore them?

Apply:

1. What fears are currently shaping your decisions?
2. What has fear robbed from you?
3. How will you receive God's presence this week specifically in the face of your fear?