

The Theology of Worship – Week 3 - Transformed by Worship

Grounding Exercise:

Set a timer for three minutes. Invite everyone to close their eyes and take one full inhale and exhale then ask them to visualize the most comforting moment they have ever experienced. Invite them to hold that image or memory and notice the thoughts, physical sensations and breath that comes with remembering that experience. If your thoughts wander, kindly bring them back to the memory. Stay with the memory and try to relive it until the timer.

Read Aloud:

2 Corinthians 3:18 and Psalm 27:4

Remember:

1. Has God revealed to you any steps of obedience for you personally to engage with the Power of One movement? How can we pray with you around the steps revealed or the prayer to see what He's inviting you to?

Discuss:

1. How do we gain access to God's presence? What is your response to the privilege of being in His presence?
2. What is the veil that Paul speaks about in 2 Corinthians 3:18?
3. Over the last ten years how have you been slowly transformed? What is the difference in your character or spiritual life now than it was then?

Apply:

1. How can you intentionally gaze at Jesus and not just glance at Him?
2. Knowing that God's goal for you is Christlikeness, what needs to shift in your life for you to align your goals with His?