

The Theology of Worship – Week 2 - A Living Sacrifice

Grounding Exercise:

Invite everyone to take three slow breaths breathing in until they feel it all the way to their lower belly, holding for three seconds, and then breathing out until they have pushed all the air out.

Read Aloud:

Romans 12:1-2

Remember:

1. What 3 truths about worship did we learn from Romans 12?
2. What did we learn about the “therefore” in verse 1?
3. What is the only reasonable response to a genuine experience of God’s mercy?

Discuss:

1. What is worship?
2. Where does genuine worship begin?
3. How have you personally seen and experienced the mercy of God?
4. How did the statement “nothing you can do will bring God closer to you than He already is” impact you?

Apply:

1. What area of your life is not surrendered to God? Or, in what area do you keep crawling off of the altar?
2. If you are what you love, what would those around you say that you love?
3. Is God pleased with the posture of your heart?
4. Does God receive the worship He deserves from my life?

Pray:

Pray for the person across from you to learn to worship with what they value and how they posture themselves.