

Prayer Metrics – Stephen Kuert – 2/1/26

Remember

1. What is the name of Stephen and Bailey's mission organization?
2. What was Paul's prayer cycle?
3. What are 3 metrics for evaluating the effect of our prayer lives?

Read

Ephesians 1:15-23

Discuss

1. How has the process of prayer created emotional maturity in you?
2. How do you experience your hope being tied to your emotions?
3. Remembering the story of involved international churches ministering to refugees from Congo – can you share about a time you have seen God strengthen and encourage you for the work no matter the circumstances?

Apply

1. How are you investing your time, talents, and treasure in your current season?
2. Stephen said, “offense is a tool the enemy uses”. How do you see this at work in your own life? What can't you do to resist?
3. Which of the three victim mindsets do you struggle with the most? How can you surrender that mindset this week?

Pray

Everyone pray a one sentence prayer for the global church, try including something from the Ephesians passage. (Leaders, you may need to help divide the passage up into small prayers such as “give us the spirit of wisdom and revelation” “may our eyes and hearts be enlightened” “that we will know the hope to which he has called us” etc.